

# A Cycle Ride from Tredegar House Country Park Club Site



This circular route has been suggested by Sustrans' Volunteer Rangers. Sustrans is the UK's leading sustainable transport charity and is responsible for the development of the 12,000 miles of National Cycle Network. We hope you will enjoy exploring the local area near the Site and make the most of your stay at Tredegar House Country Park.

This route takes in parts of two National Routes of the National Cycle Network. Route 4 runs from London to the west coast of Wales and Route 47 starts at Newport and finishes at Fishguard, providing the inland alternatives for the Celtic Trail Cycle route. The ride starts from Tredegar House main car park and takes in Newport, the River Usk, Newport Castle and the Monmouthshire & Brecon Canal. (An optional detour on Route 49 runs north to Pontypool, connecting with Route 492 to the World Heritage Site at Blaenavon.)

## The Route

- 1** Starting from the Club Site, follow the National Cycle Network signs via the main car park of Tredegar House to the black and white barriers. Continue on Route 4 of the NCN into the city of Newport around its southern edge.
- 2** Turn left on to National Route 47 at the new bridge across the River Usk, on the site of the entrance lock of the old town dock.
- 3** Continue past the remains of Newport Castle.
- 4** Continue behind Sainsbury's store, alongside the River Usk.
- 5** Turn left after riding beside the river, passing under and over the 'Old Rising Sun' intersection.
- 6** Ride along the towpath of the Monmouthshire & Brecon Canal, passing the start of NCN 49 to Pontypool at Malpas Junction.
- 7** Fourteen Locks Canal and Visitor Centre is a good location to have a picnic and is the end of the route. Follow the route in reverse back to the Club Site.



## The Route

Starting point: **Tredegar House Country Park Club Site**

End point: **Fourteen Locks Visitor Centre**

Distance: **7 miles (14 miles return)**

Grade: **Easy**

Traffic: **Traffic-free with some road crossings**

Suitability for young children: **10+**

Hills: **One hilly section**

Refreshments/facilities: **Cafés and shops on route**

Nearest railway station: **Newport - 4 miles**

Other routes in the area:

**National Route 4 heads eastwards to Newport Wetlands and Chepstow, and westwards to Caerphilly**

**National Route 47 to Pontypridd and the Taff Trail**

**National Route 49 to Pontypool (connecting with NCN 492 to Blaenavon)**

Attractions:

**Newport Transporter Bridge on route**

**Newport Wetlands Reserve – 4 miles off route**



If you have enjoyed your ride, why not look at The Club's website [www.caravanclub.co.uk](http://www.caravanclub.co.uk) which shows other Club Sites with a cycle route close by or visit the Sustrans' website [www.sustrans.org.uk](http://www.sustrans.org.uk) to find other cycle routes and how to become a Sustrans supporter.



This route has been suggested by Sustrans' Volunteer Rangers. The Caravan Club would always recommend that any children or young people under 18 years should be fully supervised by a responsible adult.

Please be aware that using this route is entirely at your own risk.

Extreme care should always be taken when cycling on site, remembering that traffic will be moving around the site and to observe speed limits. Particular attention should be paid when going round blind corners or emerging from paths.