

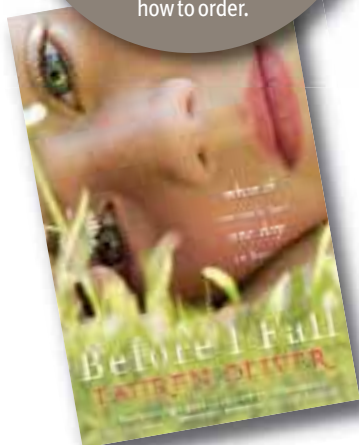


## GREEN FOOTPRINT

AS WELL as looking timelessly stylish, these Lidia sandals from Merrell are kind to the environment as they are made partly from recycled materials. The soft lining has been treated with antimicrobial agents to keep your feet fresh, while the air-cushioned heel will quite literally put a spring in your step! £49.99 (price may vary) from [blacks.co.uk](http://blacks.co.uk) or call 0800 056 0127.

READ THIS

In the most moving and thought-provoking novel since Alice Sebold's *The Lovely Bones*, a teenage girl tragically killed in a car accident is given the chance to live again... **£7.49** through the Club Bookshop. See p99 for details of how to order.



# For the girls

Give your caravan trips the feminine touch with **Kirsty Martin's** selection of bright ideas



## STORY TIME

IF YOU and your family find yourselves stuck for something to do on a rainy day this month, why not treat the young 'uns to a trip to the cinema to see *Toy Story 3* in dazzling 3D? With their superb animation, wonderful humour and loveable characters, *Toy Story* and its sequel captured the imagination of children and adults the world over. Now, Woody, Buzz and the rest of the gang are back in another hilarious adventure enhanced with spectacular 3D visuals. This time they are joined by a host of new characters, as they find themselves transported from the familiar world of Andy's bedroom to an unknown place where lots of young children are keen to play with them. As ever, they must band together and overcome all the obstacles that fall in their way to make sure no toy is left behind...

## HAIR CARE

DURING THE summer months, your hair is vulnerable to damage from the sun and from swimming in the sea or pool on holiday. We all know that we need to protect our skin from the sun's harmful rays, but did you know your hair also needs shielding? Wearing a hat is one way to do so, but you can also buy hair products with a built-in SPF, such as Soltan Hair & Scalp Spray SPF25, available from Boots.

## CAN YOU HELP?

UK CHARITY Bliss, which works to improve both the survival rate and long-term life quality of premature and ill babies, is appealing for knitting and sewing enthusiasts to help the cause by making clothes and blankets. As part of its 'Tiny tots' campaign, Bliss has created a series of guidelines on clothing for these young babies, which have been approved by professionals working in neonatal care. With these guidelines in mind, it has also published a series of knitting and sewing patterns on its website for anyone wanting to help. I know there are lots of kind-hearted Club members out there who are passionate about needlework, and I implore those people to help this worthy cause. For more information and to download the patterns, see [bliss.org.uk](http://bliss.org.uk) and click on 'Get Involved' then 'Knit or sew for Bliss'.

