

2025



ClubFest Activities and Competitions



Free fun activities and
sports for all the family

 **CARAVAN AND
MOTORHOME CLUB®**
SINCE 1907



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The Caravan and Motorhome Club Recognised Event Competition Trophies

Harris and Barrett Cups for Caravan Manoeuvring

The Harris Cup for Standard Winner.

The Barrett Cup for Novice Winner.

Brian Bishop Trophy for Petanque

Presented to the Petanque competition by Vicky Bishop in memory of her late husband.

Secrett Challenge Award in the Photographic section

Awarded to the overall winner.

Denys Branch Shield in the Photographic section

Awarded to the best overall Youth entry.

All trophies are subject to the competition running within the current year and are recognised by The Events Committee and the Caravan and Motorhome Club.

Trophies should be formally introduced to the event. Please contact sports@camcevents.com or activities@camcevents.com to request the approval of the Events Committee.



Family Club Marquee Competitions 2025

ClubFest 2025 is coming to Bolesworth Castle

Join us for photography, baking, handicrafts and Teddy Bears' Picnic-themed classes. The competitions will be held in the Family Club Marquee, on Sunday 25 May 2025, schedule as follows:

9:00 to 9:45	Hand in your entries at the Marquee
9:45 to 11:30	Marquee closed for judging
11:30 to 12:30	Marquee open for viewing
12:30 to 13:30	Prize-giving Ceremony
13:30 to 14:00	Entries to be collected (after the prize-giving)

General conditions of entry:

- There is no entry fee for any class.
- All members are invited to enter – Centre registration is not necessary.
- Only one entry may be made in each class by each exhibitor.
- Organisers' decisions will be final in all instances.
- Classes may be amalgamated or split according to numbers entered.
- For junior classes, ages will be taken as at the day of the competition.
- There will be certificates for winners and runners up in each class, with additional certificates, where recommended by the judges.
- Exhibits may only be collected at the close of the prize-giving ceremony.

The class titles for the **2026** competitions will be on display at this year's competition to get a head start on your entries for next year.

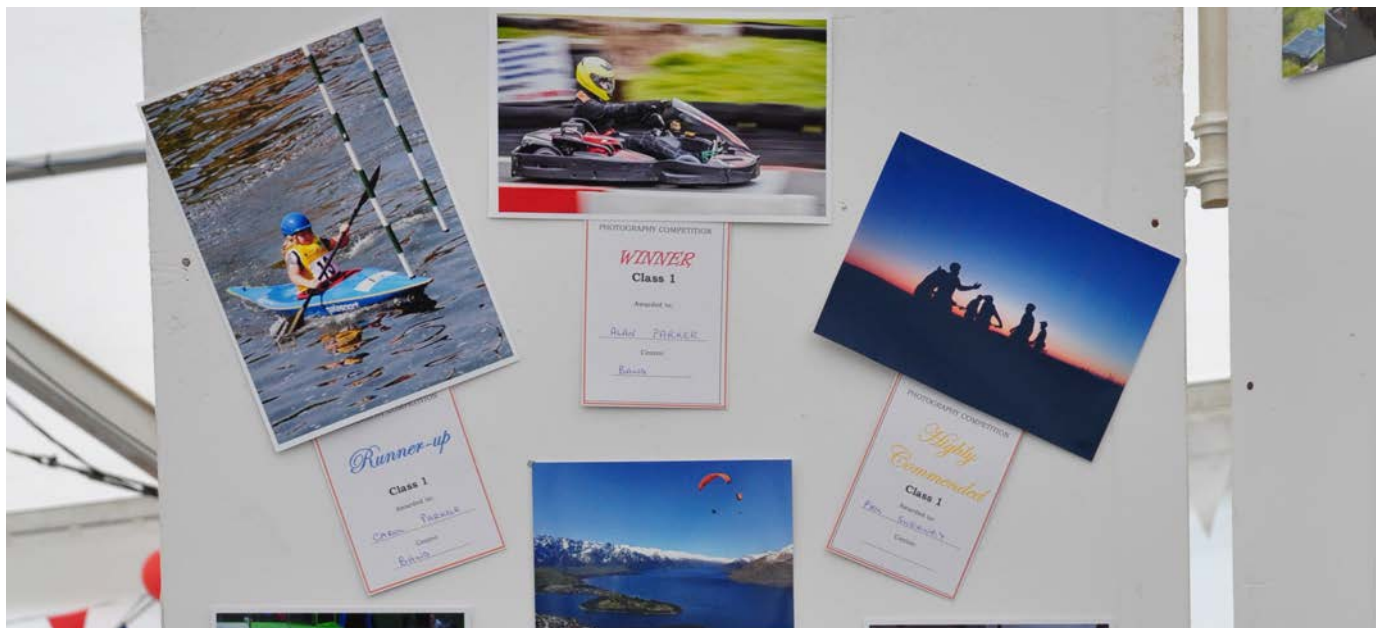
Enquiries to: activities@camcevents.com



Photography classes

Organised by: Margaret Jones

Get in touch at: mgtgranell@hotmail.co.uk or 07974 648 269



Share your passion for photography by entering our Magazine-themed photography competition.

Theme: Magazines

- | | |
|----------------|--|
| Class 1 | Homes and gardens, colour print |
| Class 2 | Horse and Hound, colour print |
| Class 3 | Wildlife, colour print |
| Class 4 | Heritage Now (Historic places and buildings) black and white print |
| Class 5 | Coast, for children up to and including 11 years |
| Class 6 | Countryside, for children 12 to 17 years inclusive |

Photography rules:

- For colour or black and white prints, taken digitally, including phone cameras, or with a traditional film camera.
- Prints must be no larger than 8" x 6" or A5. No mounted or framed prints will be accepted.
- Prints may only be exhibited by the person who took the photograph and only one entry may be made in each class by each exhibitor.
- Please write the class number, exhibitor's name, pitch number, Centre (if applicable) and in the case of the youth classes, the age of the entrant on the back of the prints. It would help the organisers if this could be done before you arrive at the marquee.
- The Secrett Challenge Trophy will be awarded to the overall winner and the Denys Branch Shield to the best overall youth entry.

Teddy Bears' Picnic-themed classes

Organised by: Annis Green

Get in touch at: activities@camcevents.com or 07837 399 703



Put your crafting skills to the test by preparing for a Teddy Bears' Picnic!

Classes:

- | | |
|-----------------|--|
| Class 11 | An invitation to a Teddy Bears' Picnic |
| Class 12 | Dressed Teddy Bear |
| Class 13 | Decorated Glass or Bottle, using any materials |
| Class 14 | A Shawl or Blanket |
| Class 15 | Gin based fruit liqueur to be judged on taste and presentation |
| Class 16 | Animal made from fruit or vegetables, for children under 14. |

Teddy Bears' Picnic class rules:

- All entries to be hand-made and may use any method and materials.
- All items to be suitable for the occasion.
- Classes will be split on the day according to the number and type of entries received.
- Entries made by children should have their age on the day of the competition attached.

This section will have a different theme each year, and the following year's theme will be announced at each event.

Baking classes

Organised by: Jude Rosen

Get in touch at: activities@camcevents.com or 07837 399 703



Create a culinary delight with a chance to show your ideas and designs in the baking section.

Classes:

- | | |
|-----------------|---|
| Class 21 | A cake using fruit
Using your own recipe (for 18 years and over) |
| Class 22 | Home-made jam
Any flavour, recipe to be attached (for 18 years and over) |
| Class 23 | 4 savoury rolls using pastry (for 18 years and over) |
| Class 24 | 4 Rocky Road Bites, for children up to and including 13 years |
| Class 25 | A cake using a vegetable, for children aged 14 to 17 years |

Baking class rules:

- Entries for classes 21, 23, 24 and 25 must have been baked in your outfit at this event.
- A numbered label – supplied by the organisers – will be fixed to exhibits before judging.
- Presentation will be taken into account during the judging.

Handicraft classes

Organised by: Alyson Kidner and Joc Haynes

Get in touch at: a_kidner@sky.com or 07889 738 231



Be creative with your choice of craft material and ideas for the classes below.

- Class 31** Hand-made card, any method, Christmas theme
- Class 32** Knitted or crocheted bobble hat
- Class 33** Wooden bird box
- Class 34** Pebble picture
- Class 35** Peg bag, any method or material
- Class 36** Child's class
Any item as described above, by children up to and including 17 years.

Handicraft class rules:

- Exhibits in all classes may be made from any material or technique.
- Exhibits will be grouped according to type before judging.
- A numbered label – supplied by the Organisers – will be fixed to exhibits before judging.
- Age to be attached to child entries.

The ClubFest Quiz

Organised by: Ian Grover

Get in touch at: grover861@btinternet.com or 07712 888 786

Thirsty to show off your general knowledge? Quizzer's unite! Join us for a fun and friendly pub quiz-style event in the Family Club Marquee on Saturday 24 May.

There is no need to pre-book; just turn up on the day and join us for this fun event.

- A maximum of 300 people can be accommodated. Join us from 9:00 am, to get an answer sheet and find your seat(s) ready for questions starting promptly at 9:30 am.
- Teams of four can be made up from Centres, Divisions, families, groups of friends or our fabulous event crew teams.
- If you don't have a full team, or are an individual quizzer, please come along and meet others, and we will make teams on the day.
- The pub quiz format will include a wide variety of general questions, with written answers on the sheet provided. We'll swap the papers between teams and mark each other's, then compare scores!



Sports Programme

Enjoy some light-hearted competition and burn off some energy by signing up to a team sport of your choice. The weekend will consist of petanque, lawn darts, pub darts, volleyball, netball, football and walking football from under 12's to over 35's.

Sports Registration Meeting

9:00 - 10:30
Saturday 24 May
Bar Marquee

Tournament Guidelines:

- The individual competition organisers will decide the final competition format when the final number of teams entered is known.
- Team representatives are requested to confirm entries at the Sports Registration Meeting.
- Details of the competitions will be available in the Bar Marquee from 13:30 on Saturday.
- The finals for all competitions will be played at the times specified by the organisers which are published in the Bar Marquee.
- Centres should register no later than two weeks prior to the event.
- All finals will be held at the discretion of the organiser.

How to enter a team:

If you'd like to join a team or register your interest in a sport then please either contact your local Centre or Division Administrator or attend the Sports Registration Meeting.

Please note: If you have not been asked to play for a Centre Team and are interested in joining a team, please contact the relevant organisers at the Sports Registration Meeting or your Division Administrator in advance of the event.

Northern Division	administrator@northerndivisioncamc.co.uk
Central Division	administrator@centralregion.org.uk
South East Division	southeastregionsec@aol.com
West Central Division	administrator@westcentralregion.co.uk
South West Division	administrator@southwestregioncc.org.uk
Anglia Division	admin@angliadivision.org.uk
Home Counties Division	administrator@homecountiesregion.co.uk
Irish Division	camcirishsecretary@gmail.com
Scottish Division	scottishdivisionsec@gmail.com
Welsh Division	administrator@cc-welsh-division.co.uk



Children's sports

Organised by: Corinne Rix, Donna Chatfield – East Kent Centre

Get in touch at: Wellbeing@camcevents.com

ClubFest welcomes another year of must-play children's sports events, where even the parent or guardian can blow off some steam by teaming up with their child in the fun, three-legged race.

Races will include:

Running race

Obstacle race

Child/parent or carer three-legged race

Bean bag on the head race (pre school age children)

Muddle Run (obstacle + run)

Parents race



Children's sports Continued

Children's Sports guidelines:

- For all races please register at the open Sports Registration Meeting.
- Age groups will be decided dependant on the amount of competitors. Children from pre-school age to the age of 17 years may enter.
- Races will be held in heats (dependant on the amount of enteries) and medals awarded to the top three in the finals.
- Trainers only to be worn.
- Children under the age of eight must be accompanied at all times by a parent or carer. Other children remain the responsibility of their parents and carers whilst taking part in the Children's Sports.



Fun Run

Organised by: Sandi and Paul Starling – Non Centre

Get in touch at: wellbeing@camcevents.com



Run for fitness, run for charity, run for fun!

The ClubFest Fun Run is a friendly race that involves cross-country running with participants taking part for their own enjoyment rather than competition. A lovely scenic run that will appeal to both the serious and casual runners.

Fun Run guidelines:

- On registration all participants must declare any health problems that may affect their ability to finish this fun run.
- The event will have a mass start.
- Participants are responsible for their recognition and understanding of event signage and out of bounds signs must be adhered to.
- Dogs on leads, baby joggers, baby strollers and wheelchairs, where the course route safely allows, are permitted on the course. For further details please contact the organiser.
- Participants shall assemble for the Big Warm Up, 20 minutes prior to the run starting.
- Participants shall then proceed to the start line. All participants must be positioned behind the starting line when starting.

How to enter:

Registration at the time and place specified in the ClubFest Daily Programme.

Darts Championship

Organised by: Gary Fisher – East Kent Centre

Get in touch at: camcnationaldarts@yahoo.com



Game on! Sharpen your arrows and register your interest in the ClubFest 2025 Darts Championship.

Darts Championship guidelines:

- Teams to consist of two people (18 years and over).
- Dart board to be 5ft 8in to the centre and 7ft 9¾in from the oche.
- Start of the match to be decided by the throw of a single dart, the nearest the bull being the first to throw in the first leg. The other pair will throw first in the second leg. If the score is level after two legs, both teams will throw a single dart and again the nearest the bull will throw first. A double is not required to start the match.
- Play will then alternate from one team to another until the game is finished.
- A double is required to finish the match. Bust rule applies – ie, if a player should make a higher score than is required, then he/she reverts to the score at the start of that throw.
- The draw will be displayed and regularly updated on the Information Board in The Bar Marquee. Owing to the tight schedule, players are requested to arrive for their matches at least 10 minutes before the published starting times. Failure to arrive on time will result in a bye for the other team. Losing teams will be asked to score the following match.
- All rounds, Quarter and Semifinals will be three legs of 301.
- The final will be three legs of 501.
- Members of the winning team and the runners-up in each group will receive medals.

How to enter a team:

Teams are to register at the Sports Registration Meeting in the Bar Marquee on Saturday between 12:30 and 13:30. Those not in a team that still wish to participate will be paired up with other individuals where there is an even number of individual enteries.

Lawn Darts

Organised by: Alan and Mandy Smith – Non Centre

Get in touch at: wellbeing@camcevents.com

Try your luck with a knockout game of Lawn Darts!

How to play:

- Two rings are placed on the ground 10 metres apart.
- The aim is to get the darts into the circle, or as close to the circle as possible.
- Each team member will have two darts to throw.
- Each dart that lands in the ring earns three points. The nearest dart out of the ring scores one point.
- Each dart must stick into the ground to be counted.
- Each team will have the same amount of darts to throw.
- The team with the most points wins!

Lawn Darts guidelines:

- The competition is organised on a knockout basis.
- A team should consist of two males and two females of any age from 14 years upwards.
- The team does not necessarily have to belong to the same family.
- Members of the winning team and the runners-up will each receive medals.
- Format may vary dependant on number of participants.

How to enter a team:

Teams are to register at the Sports Registration Meeting. Those not in a team that still wish to participate will be paired up with other individuals where there is an even number of individual entries.



Cribbage

Organised by: Jessie McKenzie – Non Centre
Get in touch at: wellbeing@camcevents.com



Show your hand in our Cribbage competition!

Cribbage guidelines:

- The competition will be open to 64 people in 32 couples.
- Individuals may apply and will be paired up if possible.
- A copy of the rules will be emailed out to each team once they register, and will also be available on each table during the match.

How to enter a team:

Teams are to register at the Sports Registration Meeting. Those not in a team that still wish to participate will be paired up with other individuals where there is an even number of individual entries.

Junior and Adult Netball

Organised by: Corinne Rix and Donna Chatfield – East Kent Centre

Get in touch at: wellbeing@camcevents.com



If netball's your sport, make sure you'll be ready for centre pass by registering your interest in our Junior and Adult Netball competition.

Netball guidelines:

- The competition will be run on a group basis.
- Team representatives from Centre's and individuals are required to confirm entries at the Sports Registration Meeting.
- The order of play will be made available in the Bar Marquee on Saturday afternoon.
- Juniors may play in both the Adult and Juniors' netball teams. Depending on numbers teams will be mixed ages.
- Up to two reserves may be nominated.
- Members of the winning team and the runners-up will receive medals.

Junior guidelines:

- Junior matches will take place after the Adult group matches.
- Any child up to and including the age of 16 years on the Friday of ClubFest will be eligible to enter this competition.

How to enter a team:

Teams are to register at the Sports Registration Meeting. Those not in a team that still wish to participate will be teamed up with other individuals.

Football 5-a-side

Organised by: Rob Mark and Wayne Basten – Non Centre

Get in touch at: wellbeing@camcevents.com

Fancy a kickabout in our five-a-side tournament?

The priority for each competition is a league system in the early stages and a knockout competition from the quarter final stage. However, this is totally dependent on the number of teams finally entered for each competition. In view of this, a second consideration by the organiser will be a straight knockout competition. The competition organiser will decide the final competition format, on the Saturday morning of ClubFest when the final number of teams entered is known.

This tournament will be run in various age groups and each Centre may enter in each group as follows:

- Group 1** Players aged up to and including 12 years on the Friday of ClubFest.
- Group 2** Players aged between 13 and 16 years on the Friday of ClubFest.
- Group 3** Players aged between 17 and 34 years on the Friday of ClubFest.
- Group 4** Players aged over 35 years on the Friday of ClubFest.
- Group 3 and 4:** The draw for the competition will be made 30 minutes before the scheduled start time.

Football 5-a-side guidelines

- Each team is made up of a squad of seven players of any gender.
- All seven players in a squad must be within the required age limit for that squad.
- Playing up: any players that are within the 12 years and under age limit are eligible to play in a 13-16 years squad. However, an older player cannot play down.
- A player can only be in one squad.
- The competition organiser reserves the right to ask for clear identification to confirm a player's stated age. If found to be contravening the age limits for a squad, then the player will be disqualified.
- Feel free to bring your football boots, providing they have moulded studs. Under no circumstances will screw ins or blades be allowed.
- We recommend that shin pads are worn.

Important note:

No entries will be accepted by the tournament organiser after final entries close. Details of the draw for the leagues and knockout stages will be available in the Bar Marquee. The finals for all Groups will be played at the discretion of the organiser. Members of the winning team and the runners-up in each group will receive medals.

How to enter a team:

Teams are to register at the Sports Registration Meeting. Those not in a team that still wish to participate will be teamed up with other individuals.

Volleyball

Organised by: Sandi and Paul Starling – Non Centre

Get in touch at: wellbeing@camcevents.com



If volleyball's your sport, make sure you register your interest in our Volleyball competition to secure your space at the net!

The priority for each competition is a league system in the early stages and a knockout competition from the quarterfinal stage. However, this is totally dependent on the number of teams finally entered for each competition. In view of this a second consideration by the organiser will be a straight knockout competition. The competition organiser will decide the final competition format, on the Saturday Afternoon of ClubFest when the final number of teams entered are known.

This tournament will be run in age groups and each Centre and Individual may enter in each group as follows:

- Group 1** Players aged up to and including 12 years on the Friday of ClubFest.
- Group 2** Players aged between 13 and 16 years on the Friday of ClubFest.
- Group 3** Players aged between 17 and 34 years on the Friday of ClubFest.
- Group 4** Players aged over 35 years on the Friday of ClubFest.
- Group 3 and 4** The draw for the competition will be made 30 minutes before the scheduled start time.

Volleyball guidelines:

- Details of the competitions will be available in the Bar Marquee.
- Members of the winning team and the runners-up will each receive medals.

How to enter a team:

Teams are to register at the Sports Registration Meeting. Those not in a team that still wish to participate will be teamed up with other individuals.

Walking Football

Organised by: Rob Mark and Wayne Basten – Non Centre

Get in touch at: wellbeing@camcevents.com

Walking Football is a slower paced version of the regular football game, although it more so resembles 5-a-side football than the 11-a-side game. The game is primarily aimed at the over fifty years of age participant however we welcome all ages to come and have a go!

Walking Football guidelines:

- Please see football rules, which are the same rules for the walking football, however you must walk within this game. No jogging, sprinting, running on or off the ball by any player at any time.
- Players observed to be running off the ball but not directly influencing play or the outcome of play, or gaining an advantage through their actions may be warned of their actions by the referee during the course of play without the need to stop play. Continuation of this infringement may result in further disciplinary action.
- A player gaining an advantage of position or influence of play by a running action will be in breach of the 'no running rule' and will have a free kick awarded against that person and the team that person represents. Persistent further infringements to the 'no running' rule by that same person will have further disciplinary measures taken against them.
- What constitutes a 'run?' – If in the course of making a stride both feet are off the ground.
- One foot must remain on the ground at all times when in motion.
- Power walking is an accepted action in Walking Football.
- Minimal contact is permitted during the course of Walking Football.
- Tackling, interception, blocking by standing ground, is an accepted part of the game.
- Tackling from behind where contact is made; ankle-rapping from the sides, clumsy, ill-timed, forceful tackling is not an acceptable part of play and will be deemed as an infringement and dealt with by appropriate measures.
- Game open to teams of all ages.

How to enter a team:

Teams are to register at the Sports Registration Meeting. Those not in a team that still wish to participate will be teamed up with other individuals.

Petanque

Organised by: Jules Mark

Get in touch at: Wellbeing@camcevents.com

Get your boules at the ready, let's play Petanque!

How to play:

- The game is played with six metal Petanque boules (balls). Each player throws three boules. Some sets of boules will be available from the umpire. Boules will be thrown from a 50cm circle once the start team is decided by the toss of a coin. The boule, when thrown, should rest comfortably in the hand with the fingers and thumb as close together as possible and with the palm facing the ground.
- The first thrower throws the Cochonnet (Jack) between 6m and 10m away. They then throw the first boule trying to place it close to the Cochonnet. A player in the other team then tries to throw his boule nearer to the Cochonnet, or knock away the leading boule. The boule nearest the Cochonnet leads.
- Then it is up to a player in the team not leading, to throw until his team gets a leading boule and so on. When a team has no more boules the players of the other team throw theirs and try to place them as close as possible to the Cochonnet.
- When both teams have no more boules the points are counted. The winning team gets as many points as it has boules nearer the Cochonnet than the best of the losing team.
- The first team to reach 13 points is the winner of the End. In the first three rounds the winner will go on to the next round.

Petanque guidelines:

- Each Centre and Individual can enter a team of two people of any age from 14 years upwards. Additional teams may be permitted if the entry is under-subscribed.
- Boules: Own sets may be used.
- The Competition in the first three rounds is on a sudden death knockout basis. The quarterfinals/ semifinals and the final itself will be decided by best of three Ends.
- The draw for the first round will be on display in the Bar Marquee after the Sports Registration Meeting.
- The rules are taken from those of the British Petanque Association.
- Members of the winning team and the runners-up will each receive medals.

How to enter a team:

Teams are to register at the Sports Registration Meeting. Those not in a team that still wish to participate will be teamed up with other individuals.

Central Park - Arena Competitions

K9 Club

Join the dog agility sessions on Saturday and exercise your dog on a lead in the K9 arena when there are no activities.

Fun Dog Show

Organised by Darrill Moore

An event organised by dog lovers for dog lovers. Come along and take part in the Fun Dog Show – a competition for you, your family and of course your wonderful dogs. Open to all breeds and types offering great prizes, but above all else fun for all the family.

Classes

1. Junior handler (up to and including 10 years)
2. Junior handler (11-16 years)
3. Pedigree puppy
4. Crossbreed dog
5. Crossbreed bitch
6. Pedigree dog over 18 months old
7. Pedigree bitch over 18 months old
8. Best rescue dog or bitch
9. My dog does tricks

Fun Dog Show guidelines:

- There will be an entrance fee of £2 per class, per dog, cash only. Proceeds to Prostate Cancer.
- All dogs must be kept on a lead at all times.
- All dog waste must be removed from the arena.
- Entries close five minutes before the show commences.

How to enter:

Do you think you have the perfect pooch? Entries may be made at the ringside, 30 minutes before the start of the show.



Manoeuvring Competitions

Organised by: John Heal – Devon and Cornwall Centre

Get in touch at: johnheal@blueyonder.co.uk



Caravan manoeuvring has been around for decades, at ClubFest it has evolved into a competitive sport, timed over a designated course. It's not just about speed; the competition is intended to test the skill of the competitor reversing their outfit as well as the ability to drive through a narrow gap. There are two categories in the competition they are both mixed groups and open to all genders.

- Class 1: Novice. Those entering in a ClubFest competition for the first time.
- Class 2: Standard. Anybody that has already entered and completed the course of the caravan manoeuvring competition at any ClubFest before.

To enter either class email the organiser in advance or attend the sports meeting as advertised in the ClubFest programme. Entries may be taken at the start of the event on the day, space permitting. Only one class to be entered. The running order will be drawn by the drivers at the start of the event. All entrants will have two consecutive runs on the course and the best time will be recorded.

Disqualification from their current run will occur only if the course is knocked down or the car and caravan are not fully in the marked box.

The novice class will go first, followed by the standard class.

A presentation for the top three drivers will be held at the end of the event.

Harris and Barrett Cup guidelines:

Each entrant must bring their driving license and evidence of CAMC membership to show for the Clubs insurance purposes.

All entrants are required to provide their own towing vehicle, a single axle caravan to be towed will be provided by the Club.

The caravan will be hitched on to the vehicle by the marshals of this event. A co-pilot/passenger is welcome in the vehicle but must remain seated and belted throughout the run. Further rules of the competitions will be posted up on the notice boards in the Bar.

If you wish to enter or would like further information please contact the organiser.

Give yourself some room to manoeuvre

Boost your confidence and learn essential skills on a caravan or motorhome manoeuvring course. Find out more at camc.com/courses

Scottish Ramble

Organised on behalf of the **Scottish Division**: Fraser Todd – Forth and Clyde Centre
Get in touch at: Wellbeing@camcevents.com



Enjoy the health benefits of rambling and take a walk across some of the beautiful sights of the ClubFest event and surrounding countryside. A common misunderstanding is that rambling clubs are only for the ultra-fit.

The truth is, anybody who can walk can join our Scottish ramble – so join us in walking for pleasure in the countryside!

Ramble Guidelines:

- Dogs are welcome but must be kept on a lead.
- Decent walking footwear is advised as the walk is around 5 miles.
- Footpaths are followed where possible, however they sometimes take us through woodland or fields with cattle or horses in them.
- On registration all participants must declare any health problems that may affect their ability to finish this ramble.
- The event will have a mass start.
- Participants are responsible for their recognition and understanding of event signage and out of bounds signs must be adhered to.

How to enter:

- Registration at the time and place specified in the ClubFest Daily Programme.

Have a Go Club



Whether you're an activity junky who says yes to everything or want to give something new a go, ClubFest has an outdoor activity for everyone.

First timers and seasoned adventurers can come and have a go at a range of exciting activities extending from axe throwing to target paintball, or why not give frisbee golf, archery or slackline a go?

Mayday Kids Club



Calling all children up to the age of 17!

Here's where you can let loose and enjoy a range of fun indoor and outdoor activities.

Mayday Kids Club has face painting, inflatables, a climbing wall, a graffiti wall workshop and outdoor inflatables to keep you entertained. There's even a dedicated time for teens to come and chill with their peers over table tennis or Nintendo Switch.

Adults, please ensure children under eight are always accompanied by a parent or carer and remember that all children remain the responsibility of their parents or carers at all times.



Aqua Club

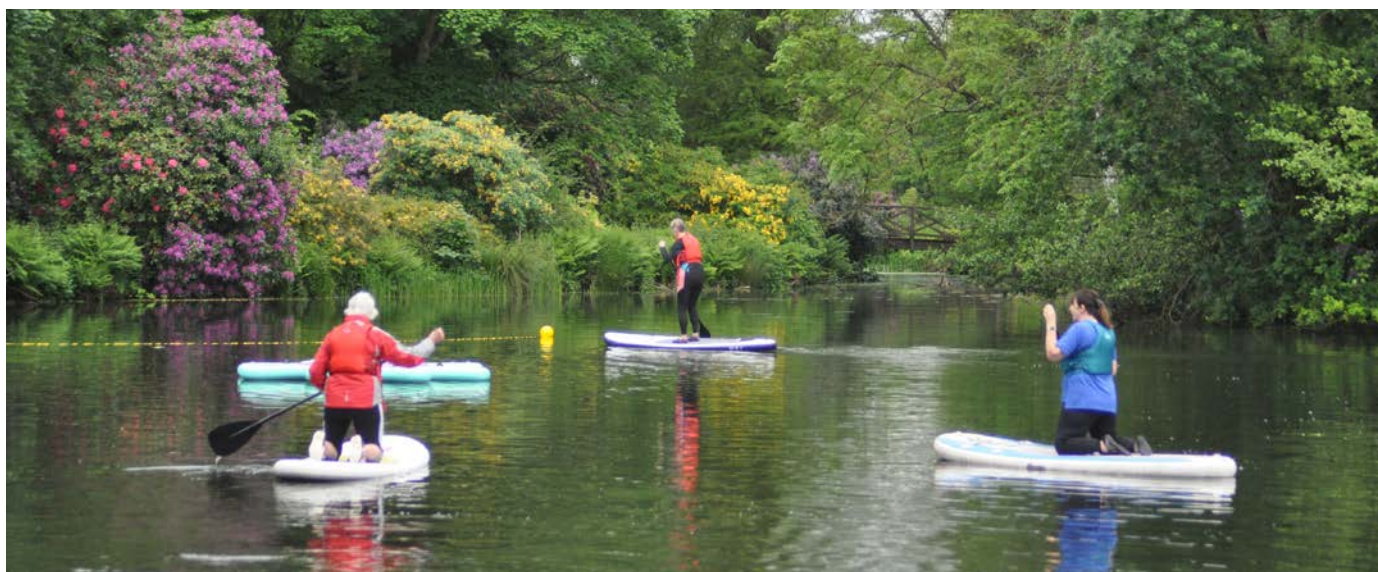
Book a session at: ClubFest Office in Central Park



Discover Bolesworth Castle from the water!

This year, we're thrilled to offer the opportunity to experience exciting lake activities for the whole family. In these lovely settings on the Bolesworth Castle lake you'll have the opportunity to test your balance on a paddle board or in a kayak. The equipment will be supplied and tuition is available for those who are new to these activities. This means you'll be in good hands every step of the way.

To secure a session, make sure you sign in daily at the ClubFest Office. Activities are limited to 10 people per session. Black Goat Adventures will be on the bank and patrolling on the water to guarantee those who can't wait to get into the water stay safe.



Nature Club

Book a session at: ClubFest Office in Central Park



At the heart of ClubFest is the great outdoors, whether discovering your wild side or just taking in the fresh air, we know how important the power of nature is. Explore the beautiful surrounding area of Bolesworth Castle and take part in bushcraft activities such as shelter building, water filters, carving, forest foraging, fire lighting with flint and steel and campfires. We've also got some slacklining workshops (low level rope walking) for your enjoyment.

Other outdoor activities include:

- Tree climbing
- Slacklining
- E-bikes

Book each day for these at ClubFest Office. Activities are limited to 10 per session.

Wellness Club

We know that sometimes getting away is all about recharging your batteries.

Wellness Club will give you the space and classes to invigorate the body and mind. Take part in daily exercise classes, from pilates for all levels of abilities, or if you want to take a moment after a full day of activities and music, why not try our stretch by candlelight class.

Wellness classes:

- **Morning energise**
Wake up your body the right way with this gentle, soothing class by opening up all the joints and stretching the muscles.
- **Legs, bums and tums**
Stimulate fat burning and tone the body's problem areas.
- **Core balance**
This gentle class concentrates on improving your everyday balance.
- **Pilates**
Strengthen your core muscles and improve your flexibility.
- **Craft drop in**
Bring along your current craft project along with a cuppa and meet like-minded people who also like to craft.
- **Tai Chi**
A series of slow and gentle movements with different postures and controlled breathing.
- **Singing workshop**
Decrease stress and tensions while improving breathing, posture and muscle tension.
- **Yoga**
Use physical postures to connect the body, breath and mind.
- **Paddleboard yoga** (book at the ClubFest Office)
Use physical postures to connect the body, breath and mind while enjoying all the benefits that blue therapy has to offer.
- **Sound bath**
The creation of immersive sound that fills the body. Helps to aid relaxation and decrease stress and anxiety.
- **Candlelight stretch**
After a fun-filled day, come and relax in candle light and stretch out the body before bed.
- **Art Classes** (book at the ClubFest Office)
Relieve stress by channeling your artistic side with our pebble and acrylic art workshops.
- **Meditation**
A practice that involves focusing or clearing your mind using a combination of mental and physical techniques.
- **Up Close and Personal**
Relax and enjoy some live music.



Advice and Technical Question Time

Monday 26 May: 9:30 to 11:00 in the Family Club Marquee.

The team will also be available between 14:00 and 16:00 on Sunday and Monday at the Centres and Divisions Marquee in Central Park.



Whether you're a beginner or more experienced, looking for advice, come and join us for Question Time! Members of the Club's Technical Committee will be on hand to informally answer any questions you may have. Previous topics include:

- Off-grid capability in particular, de-mystifying Solar/Lithium for use in touring vehicles and the importance of safety around the charging of electric cycles.
- Driving licences for towing and motorhomes, plus when training is required or beneficial.
- Safe loading within payload allowances and benefits of visiting a weighbridge.
- Safety advice to ensure safe and confident touring – hitching up, wheel loss, driving tips etc.
- Setting up your outfit for off-grid camping – do you need solar panels or a better battery? Or both?
- Availability gas cylinders for exchange and alternatives to those (i.e. user-refillable options).
- Security advice to help protect your outfit from theft and other harm.
- Quality and reliability standards – how the Club influences this through design awards, input to design standards and periodic member surveys. Next Leisure Vehicle Survey 'coming soon'!
- Questions can be asked either verbally or in writing (a letter box will be provided on the day for this purpose).